

2023 Mine Rescue First Aid Contest Written Exam

1. Depression, burnout, insomnia are all common _____ reactions of an Emergency Medical Responder who has faced serious trauma, illness, or death.
Internal
Emotional
Natural
2. Proper _____ are best defined as properly using your body to facilitate a lift or move.
Body Mechanics
Lifting Techniques
Lifting Mechanics
3. A pocket face mask allows the rescuer to provide ventilations while minimizing _____ with the patient's mouth and nose.
Patient Exposure
Direct Contact
Direct Exposure
4. _____ is a sign of partial airway obstruction.
Heavy Breathing
Labored Breathing
Noisy Breathing
5. _____ can be assessed by watching and feeling the chest and abdomen move during breathing.
Respiratory Rate
Breathing Efficiency
Respiratory Efficiency
6. Determining the number of patients, manually stabilizing the cervical spine, and donning glove and safety glasses are all components of an appropriate scene _____.
Evaluation Check
Size Up
Safety Evaluation

7. Angina pectoris, myocardial infarction, and heart failure are all common _____ of cardiac compromise.
Symptoms
Causes
Effects
8. A patient who is unresponsive and having _____ muscle contractions is likely experiencing a seizure.
Uncontrolled
Erratic
Generalized
9. The process of sending a patient's _____ through an artificial filter is referred to as Hemodialysis.
Plasma
Fluids
Blood
10. A wound where the _____ of skin have been scraped off, commonly seen in falls, can best be described as an abrasion.
Outer Layers
Top Layers
Effected Layers
11. Increased pulse rate, decreasing blood pressure and _____ mental status are all signs of shock.
Compromised
Altered
Erratic
12. When assessing a patient with a _____ injury, it is important to check circulation, sensation and motor function.
Musculoskeletal
Bleeding
Spinal

13. You are caring for a patient who you suspect has a spinal injury the first thing you should do is to _____ the patient's head and neck.

Carefully Stabilize

Cautiously Stabilize

Manually Stabilize

14. A patient has been shot in the right upper quadrant of the abdomen; you should assume that the _____ is the organ injured.

Spleen

Liver

Stomach

15. An _____ system is a tool for the command, control, and coordination of resources at the scene of a large-scale emergency involving multiple agencies.

Emergency Response

Incident Management

Incident Response